Warts and verrucae

(excluding ano-genital warts)

Clinical Assessment Service

Croydon MHS

Primary Care Trust

Management

Primary Care management includes

- A policy of no treatment is generally recommended.
- Consider treatment if the warts are causing embarrassment or are painful.
- Topical salicylic acid is recommended if treatment is appropriate.
- Cryotherapy is often used when topical treatments have failed. Little evidence exists regarding its efficacy, and at its best it is equal in efficacy to topical salicylic acid.
- Children with plantar warts should not be barred from swimming. Some swimming pools and schools insist the warts are covered with plastic socks or waterproof plasters.

When to refer

Urgent out-patient referral [liaise with specialist and copy to CAS]

Rarely appropriate unless there is doubt as to the diagnosis and symptoms are severe.

Refer to CAS

- People with recalcitrant or multiple warts: referral to a dermatologist may be warranted
- · Immunosuppressed patients with multiple warts
- Where there is doubt about the diagnosis.

Refer to RARC

• if the patient does not meet the referral criteria above consider referral to CAS requesting a RARC appointment.